

Angela Nolan — Trauma Release Through Body and Mind

Client Terms & Conditions

1. Booking and Payment

To secure your appointment, payment or deposit must be made at the time of booking. Appointments are limited and cannot be held without payment.

2. Cancellations and Rescheduling

A minimum of 48 hours' notice is required to cancel or reschedule an appointment. Cancellations or reschedules made with less than 48 hours' notice will be considered a late cancellation.

3. Exceptional Circumstances

I understand that unexpected events can arise. If you need to cancel at short notice due to exceptional circumstances, I will honour your booking time by recording a personalised hypnosis session for you to use at home in your own time. This ensures that your paid session remains beneficial to your healing process.

4. Block Bookings

Block bookings of six (6) sessions must be used within four (4) months from the date of purchase. Unused sessions after this period will expire and are non-refundable.

5. Confidentiality

All sessions are conducted in strict confidence. Information shared during our sessions will not be disclosed to anyone unless required by law or where there is a risk of harm to yourself or others.

6. Commitment and Conduct

Please arrive on time and ready for your session. You are invited to come exactly as you are — this is a safe and non-judgemental space for healing and growth.

7. Disclaimer

My services are designed to support emotional, mental, and physical wellbeing through therapeutic and hypnosis-based techniques. They are not a substitute for medical or psychiatric treatment. If you are currently under medical or psychological care, please continue to follow the guidance of your healthcare provider.

By booking a session with me, you confirm that you have read, understood, and agree to these Terms & Conditions.

Client Name: _____

Signature: _____

Date: _____

With care,

Angela Nolan

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